

Notes to the Leader for Life Ritual 94 – Lindi Said Goodbye

Context

This is a short ritual to acknowledge the grief that we are feeling. After all the partying and farewells we need know that it is ok to be sad. Without this ritual it may be hard for us to move on. Your group might have such a strong desire to talk about the situation that without the ritual, they will not be able to concentrate on any regular content.

Sensitivity of this Topic

Lindi's leaving may bring up in people not only the sadness of her departure but it may also have the unintended result of focusing the difficult issues and life circumstances people may be confronting in their lives. Events like Lindi's farewell weekend may cause people to deal with the significant issues of their own lives.

Lilia and Geoff as ministers of this congregation are available to talk to anyone about the feelings that have come up for them around Lindi's leaving. They can work with people to discern if they need to seek professional help to sort out their lives and emotions; especially if they are feeling overwhelmed. And they can just be an empathetic ear with a compassionate heart.

Sharing

Remind the members of your group that this is not a time for long remembrances. They should focus on what they are feeling.

Preliminaries

Remind the members that our ministers are there to listen. Be sure that everyone understands that there is only a short time for sharing. Choose someone to lead the responsive reading. Note that the opening is a song. Discuss eliminating or shortening check-in for the regular content of the day.

Timing

When adding this ritual you may want to limit or eliminate check-in in the normal content of the day.

Preliminaries	2 minutes
Opening	1 minute
Reading	2 minutes
Sharing	20 minutes
Singing	2 minutes
Closing	<u>1 minute</u>
Total	28 minutes