



Our Church Circular

October 7,
2009 / 7 de
Octubre

SUNDAY SERVICES / SERVICIOS DE DOMINGO

October Theme: *The Power of Love*

9:30 a.m.

Servicios en español

25 de Octubre — 9:30 am

Estamos Preparados para Morir?

La próxima semana celebraremos juntos en inglés y en español “El día de los muertos”. Ese solemne día en que recordamos con cariño a nuestros seres queridos que ya han fallecido. Pero ahora, nosotros, los que estamos aun vivos, ¿estamos preparados para morir?

Dirige: Roberto Padilla; Asociada de Servicio: Maria Periera.

Are We Ready to Die?

Next week we will celebrate together, in English and Spanish, “The Day of the Dead.” This is that solemn day when we remember with love our dear ones who have passed away. But this week let us ask ourselves this question: We, who are still alive, are we ready to die?

Worship Leader: Roberto Padilla;
Worship Associate: Maria Periera.

11:00 a.m.

Services in English

October 25—11:00 am

Nurturing Our Love Relationships

In worship on fourth Sundays of the month, we seek a depth (and a lightness) of thought, words, music, and story that can feed the most fundamental of life skills. In this month when we are focusing on the “Power of Love,” what practical teachings might our faith and its sources offer us about how to nurture our loving relationships—whether these relationships are with a partner, a child, a parent, a pet, or even an institution?

Worship Leader: the Rev. Nancy Palmer Jones; Worship Associate: Carolyn Bowman.

Cultivando Nuestras Relaciones Amorosas

En el servicio religioso en el cuarto domingo del mes, buscamos una profundidad (y una luminosidad) de pensamiento, de palabras, de música y de historia que pueda alimentar la más fundamental de las aptitudes para la vida. En este mes cuando nosotros estamos enfocando en el “poder del amor”, ¿qué enseñanzas prácticas podrían nuestra fe y sus fuentes nos ofrecen acerca de cómo fomentar nuestras relaciones amorosas si estas relaciones son con una pareja, un niño, un padre, una mascota o incluso una institución?

Dirige: the Rev. Nancy Palmer Jones; Asociada de Servicio: Carolyn Bowman.

See page 7 for more SUNDAY SERVICES

SAVE THE DATES

October 24, Saturday, All-Church Potluck—A Taste of Small-Group Ministry, 5:30 pm, Hattie Porter Hall

November 1, Friday, Partner Church student sponsorships pledge deadline

November 1, Sunday, UU Band of Writers, 12:30 p.m., Youth Room

November 4, Wednesday, TSSC Share the Magic Fund-raiser at Morocco's Restaurant, 86 N. Market Street, San Jose

November 7, Saturday, Conociéndonos/Getting to Know Each Other Retreat, 8:45 am – 12:30 p.m., FUCSJ

November 14, Saturday, Service Is Our Prayer, 9:00 a.m. - 2:00 p.m., FUCSJ

November 21, Saturday, 2-5 pm, Labyrinth Guild presentation about labyrinths and walking meditation

December 6, Sunday, Ordination of Suzanne Marsh, FUCSJ

January 5, Tuesday, Yoga Sutras Study Group begins – every-Tuesday in January and February, 7:30 - 9:00 p.m., the Rev. Donna Lenahan, djenahan.com

January 9, Saturday, Silent Auction

Service is our prayer

Please join us for the quarterly church work party on Saturday, November 14, from 9 am until about 2 pm. We'll honor our “Service is Our Prayer” tradition with a variety of tasks to be accomplished, such as cleaning the kitchens, sterilizing toys in the nursery, shampooing carpets, changing light bulbs, and probably some significant repairs. This is our chance to “shine”! Lunch will be provided. We hope to see you there! If you have questions, please contact **Bob Howd** (bhowd@aol.com) or **Patrick Myers** (jpatrickmyers@yahoo.com). ●

VOLUNTEER OPPORTUNITIES:

You make FUSJ what it is! Whatever your talent and availability, there is an opportunity for you to serve. Contact Volunteer Coordinating Team members Liz Owen at lowen@data-time.com or Bob Miess at bob@floweringenterprises.com

How is San Jose UU related to “Swine” Flu?

Where large groups of people gather, viruses and bacteria flourish. The H1N1 virus, nicknamed swine flu, is an example that is spreading rapidly. It is now active in 37 states of the U.S. This influenza virus can cause sickness ranging from mild to severe (even death).

We will be taking steps at First Unitarian of San Jose to prevent the spread of these viruses. For example, you will hear more suggestions to substitute hands on shoulders or other expressions of camaraderie instead of holding hands, knowing that this is a treasured tradition at the end of service.

It is a moral issue, in our quest to take care of each other, and a public health issue. Certain age groups (i.e., age 5-24 years old) are more prone to catch the virus, and other populations (i.e., older people, pregnant people, asthma, cardiac patients) are more at risk for serious consequences. Let's use best practices so that all can be active and participate at our church.

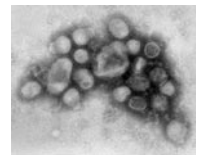
Unfortunately, we did not plan for swine flu in our church budget! We are asking for donations of hand sanitizer and tissues. Next week a table for donations and information will be in HPH during coffee hour. Let's be informed, be healthy, and keep each other healthy!

What can I do to protect myself from getting sick?

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, or use an alcohol-based hand rub.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- Get vaccinated! This means 2 shots, one for seasonal flu and one for swine flu.

For lots more info, go to www.cdc.gov

The image below of the newly identified H1N1 influenza virus was taken in the CDC Influenza Laboratory. ●



Partner Church High School Student Sponsorship

Our village partners are preparing for winter. Food for the cows must be stored to last until spring and the children are just starting school.

Please consider sponsoring a high school youth from our partner church to attend high school. There are no high schools near by our partner church and a sponsorship will be a tremendous help for a youth in Homoródszentmárton to attend high school. A sponsorship of \$300 would cover about 30% of the yearly cost for a student to attend a Unitarian high school. As a part of this program you will get to know the youth you sponsor and learn of their progress in school. Smaller amounts can be pledged and we will combine them for a student. We would like to collect pledges by November 1. If you are interested in sponsoring a student, please contact: **Monty Low**, 408-348-2778, low.monty@gmail.com or **Connie Bloch**, 408-266-6504. ●



Partner Church Pilgrimage to Romania:

We are starting to plan for our trip to Romania in 2011. This trip will be for high school age and up. The trip cost is projected to be \$2600. Scholarship and fund-raising activities will be available.

If you are interested in going on the trip please contact **Monty Low**, 408-348-2778, low.monty@gmail.com or **Connie Bloch**, 408-266-6504. ●

Spotlight on Social Justice



The Social Justice Council generally meets the second Friday of each month. See Online Calendar for all FUCSJ listings at:

<http://my.serviceu.com/public/frame.asp?OrgID=3442&bShowCalendar=True>

Social Justice BLOG on Church Webpage at: <http://www.sanjoseuu.org/socialjusticeblog/>.

YahooGroup For Social Justice News & Events at: sjsjuu-subscribe@yahogroups.com. ●

Photographer & Bulletin Board Designer Wanted

If you are an amateur photographer or just enjoy being a shutter bug taking pictures it would be wonderful to put your interests and camera to use in helping to chronicle the goings on at First Unitarian, e.g. classes, social events, political rallies, etc. And then you or a Bulletin Board Designer would take those photos and display them on the bulletin boards at the landing at the bottom of the stairs leading to the lower level classrooms.

If you are interested in taking pictures and/or using your scrap booking skills to display photos of the community than that would be a wonderful contribution to the life of our church. Please contact Rev. Geoff at GRimositis@sanjoseuu.org or 408-292-3858, 25 ●

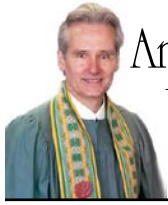
Classifieds

One-time announcements for church members to advertise personal goods wanted, for sale or donation, household / personal service help wanted, etc.

Small Keyboard Needed

– Checking to see if anyone has a small, used (good condition) electronic keyboard for sale. Advice about purchasing a keyboard is also welcome. Claire Wagner cwagner21@gmail.com ●





Articulating Our Unitarian Universalist Faith

By the Rev. Geoff Rimositis

La articulación de Nuestra Unitaria Universalista Fe

para el Rev. Geoff Rimositis

Anniversaries

My thoughts turn to anniversaries this week. **Robin Beresford** and **Robert Garner** will be celebrating their 25th anniversary on October 25 with a ceremony to renew their marriage vows that I have the privilege of presiding over as minister. I thought it was cute that they didn't realize that they were celebrating their 25th on the 25th until it was pointed out to them long after they settled on a date in their busy lives.

And for many of us who were in the Bay Area during the Loma Prieta earthquake we remembered where we were that day 20 years ago, which was observed on October 17. Patty and I were glued to our radio in Humboldt County, where Patty was getting a master's degree in theater and I was in the search process for my first ministerial position. My first call took me to The First Parish in Lexington, Massachusetts, where I served for four years before coming to San José. I had the good fortune to be there during the celebration of their 300th anniversary.

It was also in 1989 that Patty and I got married at the Unitarian Universalist Church of Berkeley. The Reverend Katherine Jorgensen, the founder of the Faithful Fools Street Ministry in San Francisco, was our minister. Our ceremony's theme was based on the music from West Side Story. We had great fun processing into the sanctuary to the music of *Something's coming*, *Something good*. . . and we processed out, skipping down the center aisle hand-in-hand to *I feel pretty, oh so pretty and witty and bright*. . .

That year also marked my graduation from Starr King School for the Ministry, our Unitarian Universalist seminary in Berkeley. Next month will be the 20th anniversary of my ordination as a Unitarian Universalist minister by the Marin Fellowship of Unitarian Universalists in San Rafael.

I have been particularly reflecting on the anniversary of my ordination, and the privilege and pleasure I have had serving first in Lexington, and then the past 15 years and 6 months at the First Unitarian Church of San José. It has been the hardest thing I have ever done in my life and the best. I believe I have grown as a minister and as a person serving our community. Yet I still believe that best is yet to come! I want to thank you for helping to grow a minister and for letting me be a part of your lives over the years.

I am always humbled when I work side-by-side with members of our congregation who give so much of themselves to the ideals and principles we all hold so dear. Our ministries are definitely shared and enriched by our common resolve to bring our liberal religious voice into the public square in our valley and in the world at large. As the celebration of Lucy's Proulx' life on October 17 so vividly demonstrated, we are a community of people who deeply care for each other, and we show it in many, many ways.

Gratefully yours,

Geoff.

Aniversarios

Mis pensamientos giran en los aniversarios esta semana. Robin Beresford y Robert Garner celebrarán su 25 aniversario el 25 de octubre con una ceremonia de renovación de sus votos de matrimonio la cual tengo el privilegio de presidir como Ministro. Pensé que esto era bonito que incluso ellos no notaron que estaban celebrando sus 25 el 25 hasta que se puso de relieve mucho después de que ellos se decidieron por una fecha en su ocupada vida.

Y para muchos de nosotros que estábamos en el área de la Bahía durante el terremoto de Loma Pieta, nos recuerda donde estábamos ese fatídico día hace 20 años el cual lo recordamos el 17 de octubre. Patty y yo estábamos pegados a nuestro radio en el Condado de Humboldt donde Patty estaba obteniendo una maestría en teatro y yo estaba en el proceso de búsqueda para mi primera posición ministerial. Mi primera llamada me llevó a la Primera Parroquia en Lexington, Massachusetts; en la que yo serví por cuatro años antes de llegar a San José y tuve la suerte de estar allí durante la celebración de su 300 aniversario.

También fue en 1989 que Patty y yo nos casamos en la Iglesia Unitaria Universalista de Berkeley. La reverenda Katherine Jorgensen, la fundadora de Faithful Fools Street Ministry en San Francisco fue nuestro Ministro. Y el tema de nuestra ceremonia se basó en la música de West Side Story. Tuvimos una muy divertida procesión en el santuario con la música de *Algo esta viniendo*, *Algo bueno* (*Something's coming*, *Something good*. . .) y nosotros lo hicimos saltando por el pasillo del centro de la mano con *Me siento bonita, oh tan bonita y graciosa y brillante*. . . (*I feel pretty, oh so pretty and witty and bright*. . .)

En 1989 también marcó mi graduación de la Escuela para el Ministerio Starr King, nuestro seminario Unitario Universalista en Berkeley y el próximo mes será el 20 aniversario de mi ordenación como un Ministro Unitario Universalista por la congregación Unitaria Universalista de Marin en San Rafael.

Yo he estado reflexionando especialmente sobre el aniversario de mi ordenación y el privilegio y placer que he tenido de servir primero en Lexington y durante los últimos 15 años y 6 meses en la Primera Iglesia Unitaria de San José. Esto ha sido la cosa más difícil que nunca he hecho en mi vida y la mejor. Creo que he crecido como un Ministro y como persona al servicio de nuestra comunidad. Y Sigo creyendo que lo mejor está aún por venir! Quiero darles las gracias por ayudar a crecer a un Ministro y para dejarme formar parte de su vida en estos años.

Siempre soy humilde cuando trabajo lado a lado con miembros de nuestra congregación que dan mucho de sí mismos a los ideales y principios que todos tanto apreciamos. Nuestros ministerios son definitivamente compartidos y enriquecidos por nuestra determinación común para poner nuestra voz religiosa liberal en la plaza pública en nuestro valle y en el mundo en general. Y como la celebración de vida de Lucy Proulx el 17 de octubre que tan claramente demostró que somos una comunidad que profundamente nos cuidamos mutuamente y lo demostramos en muchas, muchas formas.

Con gratitud

Geoff.





I want to be up to date with you, so here's what we need: birthdays (especially those with zeros), parties of any kind, promotions, college destinations, anything that you diverse groups are doing is interesting to everyone else. "Tell Me Everything" when you see me at church, or e-mail me at torchy.hunter@gmail.com. Ok, gentle readers, this week:

**You won't believe who did what in order to talk to whom!!!
What does iridescent green have to do with healing and coffee? In front of what
electronic device are some people spending a whoooooole lot of time?**

Who can translate Linear B?

How could you miss the bright green iridescent shirt **Gary McCumber** wore to church recently? I knew it didn't come from a store and when I tracked him down, I got a great story from Mr Positive Cheerfulness. Seems he was in Bali (again!), where they make such things in one day!

(Ever sewn a man's shirt? Takes 9 hours.) Anyway, he was staying in a place called *Ub-bud*, in the middle of a rice paddy. The kind of place where they put your hot coffee outside your door before you wake up. You know, like home. He was invited to a house blessing, which in those parts is bigger than a wedding. He and a whole group of locals, tourists, and whoever was around walked for two hours to the house, which was blessed by a healer. Turned out the healer was willing to heal

Gary, too. Laying on of hands stuff. Result? He has been cured of his constant double vision, and has cut his pain meds by a third! I don't make this stuff up. I just tell you about it

Shelly Leiser has recently returned from San Miguel Allende where she was taking a Spanish class. (Right now my notes read "Max family por baby costing endlessly in the 10 days to fluency." I will pause here a minute to figure out today's Linear B: Oh, I get it,) She stayed with a Mexican family, wherein the mother of four was cooking endlessly, which Shelly hated. We agreed that it takes a couple more than 10 days to get to fluency. That's why you go back. Last time I was there we ate steak with pomegranates and walnut sauce, sitting outdoors on a plaza.

Jo Balzer made it to IndJuh, where she rode the Metro and was pleased to be reminded to Mind the Gap, proving again that the sun never sets on the British Empire.

It has come to my attention that some of you (**Cathy, Marie, Kelly, Bill, Claire**) spend just a whole lotta time on Facebook. Do not ask me how I know this.

Here's a brand new project: **Which of Our Members Did This Crazy Thing?** If you know the answer, tell me or write to me, and you will win a Major Award. So, here goes, and I know this one is a blockbuster. *Who sneaked backstage at a Broadway show to meet Ingrid Bergman? And did. And gave her a cigarette?* If you know, tell me but nobody else, and let's see what happens. ●



Dear Friends of Third Street Community Center,

by Rosemary Baez, Executive Director

Please join the Board of Directors, staff and volunteers of the **Third Street Community Center** at our upcoming **Share the Magic** as we celebrate ten years of promoting life long learning! In a spirit of service, to help underserved children reach their full potential, our agency welcomed over 90 volunteers who served as mentors, instructors, and positive role models for children in 2008-09! Over the last three years, our programs have significantly evolved to better serve the educational needs of children, with expanded hours for our After School Academic Program, a new technology program for youth, and a new wellness program for older adults.

This year, **Share the Magic** will be held at **Morocco's Restaurant on Wednesday, November 4 at 6:00 p.m.** There will be a five course buffet featuring traditional and tasty Moroccan cuisine! ●

10th Annual Share the Magic

November 4, 2009, 6:00 - 6:30 p.m.
Reception; 6:30 - 8:30 p.m. Dinner



Morocco's Restaurant
86 N. Market Street,
San José, CA 95113

Business or semi formal attire

\$75.00 per person, RSVP by Nov. 2,
(408) 295-8722, www.3street.org

The Third Street Community Center is a nonprofit corporation, Tax ID #77-0461577

Sponsored by **HERITAGE**
Heritage Bank **BANK OF COMMERCE**



SUNDAY SERVICES / SERVICIOS DE DOMINGO

Continued from page 1

November 1 – 10:30 a.m.

**COMBINED SERVICE AT A SPECIAL TIME:
10:30 A.M.**

Celebration Sunday – Day of the Dead: The Circle of Life

Our annual Day of the Dead celebration offers special beauty and music this year, as we gather as one congregation at this special time of 10:30 a.m. to remember and celebrate those who have died, and to lift up and celebrate those who have been born in the past year. Please bring photos and mementos of your loved ones who have died; you will have the chance to bring these forward as we “build the altar” during the service. A live band will lift the roof and our spirits. Come, let us celebrate the Circle of Life!

Worship Leader: Rev. Nancy Palmer Jones
Worship Associates: Roberto Padilla, Donna Lenahan, Frank Bosche

1 de noviembre – 10:30 a.m.

SERVICIO COMBINADO EN UN HORARIO ESPECIAL: 10: 30 A.M.

Domingo de Celebración – Día de los Muertos: El Círculo de la Vida

La celebración de nuestro anual Día de los Muertos ofrece una especial belleza y una especial música este año, mientras nos reunimos como una congregación en este horario especial a las 10:30 a.m. para recordar y celebrar a aquellos que han muerto, y a levantar y celebrar a aquellos que han nacido en el año pasado. Por favor traiga fotos y recuerdos de sus seres queridos que han muerto; usted tendrá la posibilidad de traerlos adelante para que “construyamos el altar” durante el servicio. Una banda en vivo levantará el techo y nuestros espíritus. Venga, tenemos que celebrar el Círculo de la Vida!

Dirige: Rev. Nancy Palmer Jones
Asociados de Culto: Roberto Padilla, Donna Lenahan, Frank Bosche

8 de Noviembre – 9:30 a.m.

Tiempo de crisis, tiempo de oportunidades

Estamos viviendo por un tiempo de crisis. Esto me recuerda las palabras de mi madre: “Al mal tiempo, buena cara”

Exploremos como reaccionamos cuando estamos en tiempos difíciles.

Dirige: Roberto Padilla

Time of Crisis, Time of Opportunities

We are living in a time of crisis. This reminds me of my mother’s words. “A hard time, good face”. We explore together as we react when we are in hard times.

Worship Leader: Roberto Padilla

November 8 – 11:00 a.m.

Sustainable Living

“Sustainability is a practical principle, but it is also has moral implications. For a culture to thrive and for there to be a general increase in happiness, measures to ameliorate inequality and injustice must be taken. A mountain of physical amenities is no substitute for a clear conscience.”—Rev. Michael A. Schuler, *Making The Good Life Last-Four Keys to Sustainable Living*. We will look at the practical and the philosophical of what it means to live simply so others may simply live. How much is enough? How do we begin to make changes in our lives that will lead us to creating a sustainable world?

Worship Leader: Rev. Geoff Rimositis
Worship Associate: Jeff Norment

Vida Sustentable

“Sostenibilidad es un principio práctico, pero también tiene implicaciones morales. Para que una cultura prospere y para que haya un aumento general de felicidad, deberán adoptarse medidas para mejorar la desigualdad y la injusticia. Una montaña de comodidades físicas no es ningún sustituto para una conciencia tranquila”.— Reverendo Michael A. Schuler, *Haciendo la Buena Vida –Las últimas cuatro claves para una vida sostenible*. Veremos lo práctico y lo filosófico de lo que significa vivir simplemente para que otros simplemente puedan vivir. ¿Cuánto es suficiente? ¿Cómo empezamos a hacer cambios en nuestras vidas que nos conducirá a la creación de un mundo sostenible?

Dirige: Rev. Geoff Rimositis
Asociado de Culto: Jeff Norment

15 de Noviembre – 9:30 a.m.

Meditación I: Cuando el Silencio Habla

Las solicitudes de la Congregación para un servicio centrado en la meditación y en las prácticas meditativas se responden esta semana mientras exploramos los regalos del silencio. Permitámonos caminar por la “carretera hogar” (mientras el coro canta), a partir de fuentes budistas y otras, para descubrir nuestra propia “pequeña voz de adentro”. Vengan a experimentar la belleza y el poder de compartir una práctica meditativa en Comunidad.

Dirige: Rev. Nancy Palmer Jones
Asociados de Culto: Miembros de SSM

November 15 – 11:00 a.m.

Meditation I: When Silence Speaks

Congregants’ requests for worship centered on meditation and meditative practices are answered with this two-week worship series. This week we explore the gifts of silence. Let us walk the “road home” (as the choir will sing), drawing on Buddhist and other sources to discover our own “still small voice within.” Come experience the beauty and power of sharing a meditative practice in community.

Worship Leader: Rev. Nancy Palmer Jones
Worship Associate: Mary Martin

November 22 – 9:30 a.m.

To be announced / Será anunciado

November 22 – 11:00 a.m.

Meditation II: Sacred Reading—When the Text Reads Us

Lectio divina, or sacred reading, is a meditative practice that opens our hearts and minds in new and deeper ways to the meaning and relevance of a text, whether that text is a story, a poem, or a part of scripture. It’s almost as if the text is “reading us”! Enriching and often surprising, this spiritual practice is perfect for Unitarian Universalists. Let us enter into a season of gratitude with this new practice!

Worship Leader: Rev. Nancy Palmer Jones
Worship Associate: Donna Lenahan ●



Lifespan Faith Development

Nursery (birth-5 years)—Church's Lower Level

We provide a safe, clean environment in which to support each child in initiating play activities at the developmental level they manifest. Structured activities, games, stories and crafts are a part of the nursery experience.
Child Care Workers: Maria Elena Olvera & Glynda Cotten

The Arts & Spiritual Practice – Kindergarten - Grade 5 (Lower Level, Classrooms 2-6)

Each Sunday after the children are sung out of the service our children come together to make music with **Nayo Ulloa** <http://www.nayoulloa.com>, Sally Cooperrider and other volunteers for the first half hour. We sing, play with rhythm instruments and have fun doing musical games. The children will be presenting a musical offering for the Day of the Dead service on November 1. After we all do music, children choose to participate in community building games or an art activity that will become part of the Day of the Dead altar in the sanctuary.

Make A World of Difference: Asset Building Activities to Help Teens Explore Diversity — Grades 6-8 (Lower Level, Conference & Meditation Rooms)

In this class youth develop their skills as competent global citizens, able to understand many of the issues surrounding diversity and culture. The goal is to raise the level of awareness about several diversity issues, while also giving youth an opportunity to pause and reflect on their thoughts, feelings and experiences. The purpose of these activities is not to promote any particular idea, value, or point of view, but to give youth the opportunity to develop greater understanding about the variety of issues surrounding diversity. The will learn about the broad definition of diversity that includes gender, age, religion, race, physical abilities, appearance, sexual orientation, and socioeconomic status.

Senior High Youth Group — Grades 9-12 (Youth Group Room)

The senior high youth group meets weekly from 11:30 a.m.-12:30 p.m. The group offers its members a safe place to share their lives and find support and friendship among open minded and loving peers. The group engages in discussions about issues relevant to youth's lives and communities. They plan social and service projects throughout the year. And they participate in youth conferences in area Unitarian Universalist churches under the auspices of the Pacific Central District of Unitarian Universalist Congregations and Y.R.U.U. (*Young Religious Unitarian Universalists*). The youth group's empowering philosophy educates youth to be leaders within the group, church community and denomination.

Our Whole Lives – Grades 7-9

Sunday, October 25, 2:30-5:30 p.m., Youth – Fireside Room / Parents – Classrooms 4-6; Theme: GLBT Guest Panel

Sunday, November 1, 2:30-5:30 p.m., Youth – Fireside Room / Parents – Classrooms 4-6; Theme: Conception, Pregnancy and Birth, Teenage Pregnancy (Guests: pregnant couple)

Saturday, November 7, 7:00 p.m. - Sunday, Nov. 8, 3:30 p.m. Isola Studio, Mountain View

Sunday, November 8, 1:30-3:00 p.m.- Classrooms 4-6 – Parent Group, Theme: Relationship Skills, Thorny Issues in Friendship, Dating and Lifetime Commitments

Spirit in Practice: Monthly Adult Program

The Spirit in Practice workshops helps individuals develop regular disciplines, or practices, of the spirit – practices that help them connect with the sacred ground of their being, however they understand it. Spirit in Practice affirms religious diversity while seeking unity in our communal quest for meaning and wholeness. Whether participants follow a path they identify as Humanist, Jewish, Christian, Pagan, Theist, Atheist, Agnostic, Mystic, and / or any of the other paths we follow in our diverse congregation, the Spirit in Practice workshops offer a forum for learning, sharing, and growth that can enrich your faith journeys. Workshops are suitable for a first-time visitor or a longtime member. You can attend one or more workshops. For more information contact the Rev. Geoff Rimositis at GRimositis@sanjoseuu.org, 292-3858, ext. 25.

Workshop 10: Looking Back & Looking Forward – Leader: Joy Ellen-Lipsky

– Sunday, December 6, 1:00-2:30 p.m., Youth Room

Help bring the spirit alive with our children

Join the Music, Arts, Games or Drama teams that are working with our children in Kindergarten through grade 5 this year in our Sunday morning art and spirituality program. If you are a musician and / or singer join us for 30 minutes each Sunday to help make the spirit of music come alive with our children – and still make it upstairs for the sermon! Or join our children for a month and bring your special art activity that will be part of the Sunday worship experience. Or come down once a month and have fun playing games with the children as we bring the spirit alive with our holy laughter and, in the midst of the fun, talk about what's going on in our lives and how one lives a joyful and meaningful life. Email me at GRimositis@sanjoseuu.org and let's talk about how you would like to help bring the Spirit alive in your life and in our children's lives.

Children's Music Program Meeting, Sunday, October 25, 12:45-1:45 p.m.

We have gotten off to a wonderful start this fall with **Nayo Ulloa**, **Sally Cooperrider** and **Steven Dusza** leading the children in song leading and rhythm activities. The children are enjoying themselves and now we want to further enrich their experience. At this meeting we will plan out our musical curriculum for the year tying it into the monthly worship themes and map out our schedule. For more information please contact **Rev. Geoff** at GRimositis@sanjoseuu.org or 408-292-3858, 25 ●



Upcoming Events

An Invitation to The Cultivation of Awareness and Mindfulness thru The Yoga Sutras of Patanjali

Over 1500 years ago, Patanjali, a great Indian sage, composed a series of aphorisms, or Sutras, to explain Yoga to his contemporaries. Beginning in January, 2010, Pastoral Coordinator Rev. **Donna Lenahan** will facilitate an eight-week study of the first section of the Yoga Sutras, using books with commentaries to bridge the gap between Eastern and Western modes of thought, meditation, a little singing, journaling, and small group discussions, with time for silence, contemplation, and tea. The focus will be on achieving inner peace and mental harmony. A belief in God is not a requirement to participate.

The classes will be held in her home in Monte Sereno on eight consecutive Tuesday evenings from 6:30 to 9:00 (all of the Tuesdays in January and February). The cost (\$50.00) does not include the two recommended books; either or both of which will be helpful for those attending. Please send an e-mail to **Rev. Lenahan** at djlenahan.com for further information and registration.

Recommended reading: *The Yoga Sutras of Patanjali* by Sri Swami Satchidananda (down to earth) and *How to Know God (the Yoga Aphorisms of Patanjali)* by Prabhavananda & Isherwood (more spiritual). ●

Ordination Celebration for Suzanne Marsh

First Unitarian Church of San Jose has gladly chosen to be the site where **Suzanne Marsh** will be ordained as a Unitarian Universalist Minister on December 6, 2009.

This, my dear friends, is a call to action and a request for your generous spirit and donations of prepared food. We will serve appetizers for ministers and spiritual leaders in Hattie Porter Hall prior to the ordination, and we will have a sit-down dinner for 300 guests after the ordination.

Have You Walked the Labyrinth Lately?

Here are some reasons for doing so, written by walkers in the Labyrinth Guest Book: "I find new insights and a different feeling with each walk I take." "I just moved to the area. Highlight of my day!" "I love watching children run and play in the labyrinth. Such youthful joy!" "Love it here!"

Labyrinth Hours: Wednesday-Friday, 11:30-1:00; Sundays after the service; every third Thursday, 6:30 p.m.-8:00

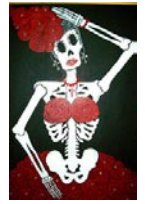
Labyrinth Guild Offers Retreat on November 21

Please join us November 21 from 2:00 to 5:00 p.m. for a relaxing retreat in the sanctuary. On this Saturday before Thanksgiving, what better holiday gift could you give yourself than a quiet afternoon with the Labyrinth Guild? Don't go shopping; slow down and walk the gentle path of the spirit. You will learn some history about this practice of walking meditation and have ample opportunity to experience it for yourself. Music will be provided by Patrick Smiley and Frank Farris. If you enjoy journaling, bring materials, as there will be time for reflection and sharing. Please help us plan by letting us know if you can attend. Send your RSVP (or questions) by email to Karen Harper at owlharper@gmail.com before November 18. ●



Join us for Lunch and a Day of the Dead Art Show

Join us immediately after our annual *Day of the Dead* service on Sunday, November 1, for a traditional lunch of Tamales, and a *Dia de los Muertos* themed art show and sale by renowned local artists **Carolann Espino** (www.flickr.com/cehappyart) and **Paul Gonzalez** (www.paulgonzalezartstudios.com)



Carolann will present her wonderful, whimsical, collection of *Day of the Dead* art. She has exhibited throughout California and received great reviews from many including New York Times Best Selling Author, **Isabelle Allende**, who owns some of Carolann's artwork. Most recently Carolann was seen at the *Jazz of Color Exhibit* at South First Billiards in downtown San Jose. Paul is a diverse artist. He is a painter responsible for many of the public outdoor murals you see around the South Bay, and also works in ceramics and mixed media. There will be art for sale with a portion of the proceeds going to the social action PACT committee at FUCSJ (www.pactsj.org). ●

Worship Associates!

The Worship Associate program provides an exciting opportunity for members of the First Unitarian Church of San José to help plan and present the Sunday-morning services that are at the heart of our Beloved Community. Worship Associates, who serve for one calendar year, work closely with the ministers on five or six services during that year. They also set up the worship space for another five or six Sundays. Ongoing training is provided in periodic gatherings. In addition to making a critical contribution to congregational life, participation in Worship Associates is a wonderful way to deepen your understanding of Unitarian Universalism. And you get to know some super people! This year's application deadline is Dec. 1, but NOW is not too soon to apply. You'll find details on the church website at <http://www.sanjoseuu.org/OurWorshipLife/WorshipAssociates.html> Questions? Ask **Rev. Nancy** or **Rev. Geoff**, or phone **Mary Martin** at (408) 354-8878.





FIRST UNITARIAN CHURCH of San José

160 North Third Street

San Jose, CA 95112

Want to Receive the Newsletter?

To receive the newsletter on paper, fill out the form at this link:

<http://sanjoseuu.org/form/index.php?sid=2>

or call (408) 292-3858, ext. 31.

To receive the newsletter via email: steve.carr@earthlink.net

Next issue deadline: 3:00 pm Wednesday, October 28, 2009

Next issue assembly: Tuesday, November 3, 2009

Next issue mailing: Wednesday, November 4, 2009

View this newsletter online in HTML or PDF format at:

<http://www.sanjoseuu.org/WhatsHappening/Newsletters.html>



Remember to bring your recyclable bottles and cans to help us improve the print quality of this newsletter!

For Pastoral Care

Our community strives to offer compassion, companionship, healing, and joy to all its members. Our pastoral care coordinators can help you find the listening ear or helping hands that you may need in difficult times. For pastoral care in English, please contact our lay Pastoral Associate Coordinator, **Rev. Donna Lenahan**: (home) 408-354-9024; (cell) 408-204-6565; e-mail: djlenahan@aol.com. For pastoral care in Spanish, please contact our Spanish-Speaking Ministries Coordinator, **Roberto Padilla**: 408-991-3212; e-mail: paor69@yahoo.com.

Contacting the Ministers

Rev. Nancy Palmer Jones and **Rev. Geoff Rimositis** feel honored to serve this congregation, and we cherish your trust! Here is how reach us: **Nancy**: (408) 292-3858, ext. 23 Mon.-Thurs.; (cell) 408-952-9418; e-mail: revnpj@yahoo.com. **Geoff**: (408) 292-3858, ext. 25 Mon.-Thurs.; (cell) 408-309-7796; e-mail: grimositis@sanjoseuu.org.

Cuidado Pastoral

Nuestra comunidad se esfuerza en ofrecer la compasión, el compañerismo curativo, y la alegría a todos sus miembros. Nuestros coordinadores en cuidado pastoral pueden ayudarle a encontrar un oído que escucha, o las manos que ayudan cuando ustedes lo pudieran necesitaren épocas difíciles. Para el cuidado pastoral en inglés, por favor, comuníquese con nuestro Coordinador Asociado Laico en Cuidado Pastoral, **la Rev. Donna Lenahan**: (casa) 408-354-9024; (celular) 408-204-6565; e-mail: djlenahan@aol.com. Para el cuidado pastoral en español, por favor comuníquese con nuestro Coordinador de los Ministerios en Español, **Roberto Padilla**: 408-991-3212; e-mail: paor69@yahoo.com.

Contactando a los Ministros

La Rev. Nancy Palmer Jones y **El Rev. Geoff Rimositis** se sienten honrados por servir a esta congregación, y nosotros apreciamos su confianza! Aquí nosotros estamos a su alcance: **Nancy**: (408) 292-3858, ext. 23 de Lunes a Jueves; (celular) 408-952-9418; e-mail: revnpj@yahoo.com **Geoff**: (408) 292-3858, ext. 25 de Lunes a Jueves; (cell) 408-309-7796; e-mail: grimositis@sanjoseuu.org.

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Editors: Catherine Leeson Pelizzari and Shirley Worth; Circular.Editors@gmail.com
Catherine will be editor for the November 4 and December 2 issues. Shirley will be editor for the November 25 and December 16 issue.

THANK YOU TO OUR VOLUNTEERS!

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Thanks for all the work you do and care you put into the newsletter. **Assembly starts at 4:30 pm - your help is very much welcome!*

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