

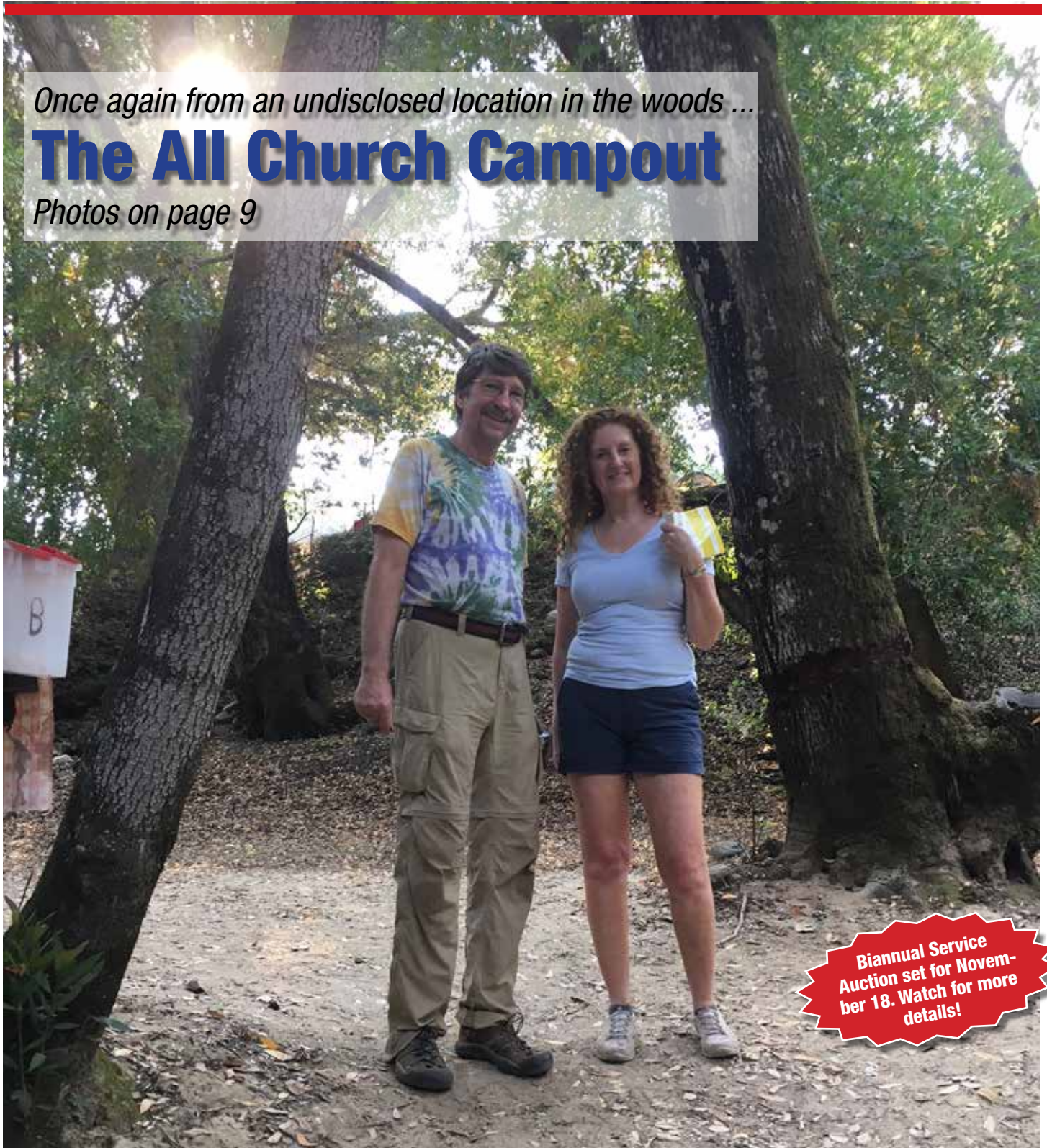


ur Church Circular

Once again from an undisclosed location in the woods ...

The All Church Campout

Photos on page 9



**Biannual Service
Auction set for November 18. Watch for more
details!**



FIRST UNITARIAN CHURCH *of San José*

150 YEARS
OF MAKING
LOVE VISIBLE

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Thanks for all the work you do and care you put into the newsletter.

We need photographers and writers. Come join the communications team! Contact Henry Ruddle at rcreative1@gmail.com

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Revs. Nancy and Geoff being photobombed by MM Feldman and Maggie Morris while celebrating Vineet Mudapalli's graduation

The “Getting to Know You” Challenge

In worship on Sunday, July 15, 2018, our Senior Minister, Rev. Nancy Palmer Jones, and our Interim Director of Religious Education, Susie Idzik, bravely modeled a way of getting to know each other by answering some deep questions about their own lives and about their hopes and dreams for the Beloved Community we are trying to build at the First Unitarian Church of San Jose.

They took up some interesting and fun questions from the congregation, too, and they will continue to share those answers in the weeks and months to come.

The result? A warmer, more intimate and meaningful connection with our key staff members. You can hear their dialogue by going to <http://www.sanjoseuu.org/OurWorshipLife/FavoriteSermons.html> and clicking on the link for the audio file for July 15.

Now they invite all of us to participate in the “Getting to Know You” Challenge 2018-19!

The Challenge:

Gently, kindly experiment with using one or more of the following getting-to-know-you questions with folks whom you would like to know more deeply—family and friends, congregants, and visitors at FUCSJ. These questions invite you and your companions to search your hearts and share your truths. How we tell our stories will change from day to day and year to year, so we always have new depths to explore with even our longest-term loved ones.

You might use these questions to start a deeper conversation during Social Hour after worship on a Sunday or during a Circle Supper or other casual gathering. Use them as check-in questions during your Small Group Ministry session or at the beginning of a meeting. Experiment with sea-



soning your meal-time conversations with these questions, or others like them.

When you share these questions, be ready to offer your own honest, vulnerable answers.

Let folks know how genuinely curious, open, and loving you feel as you ask such personal questions. Each person gets to

decide how deep they want to go with their answers.

It's worth a try! Here are the questions that Rev. Nancy and Susie suggest:

- How did you arrive at this point along your journey in life? What in your past has brought you to where you are now?
- What's being born in you right now? What is most alive in you at this moment?
- What seeds are you planting now, and how do you hope they will grow? What are your hopes and dreams for the days to come?

Good luck! And please be sure to let Susie and Rev. Nancy know how it goes. They have faith that if we all take up this “Getting to Know You” Challenge, then in a year, we will feel a palpable sense of closer connections, of deeper empathy and compassion, and of re-energized collaboration as we strengthen and grow our Beloved Community.

Congregational Themes for the Coming Year: **September 2018-June 2019**

SEPTEMBER: What does it mean to be a People of Vision? *The practice of intentional imagination*

OCTOBER: What does it mean to be a People of Sanctuary? *The practice of finding sacred space within and ensuring welcoming space for all*

NOVEMBER: What does it mean to be a People of Memory? *The practice of honest remembrance and honoring the shoulders of all our ancestors and predecessors on whom we rest*

DECEMBER: What does it mean to be a People of Mystery? *The practice of embracing life with humility and awe*

JANUARY: What does it mean to be a

People of Possibility? *The practice of personal unfolding and prophetic vision*

FEBRUARY: What does it mean to be a People of Trust? *The practice of commitment and faith in a love that won't let us go*

MARCH: What does it mean to be a People of Journey? *The practice of pilgrimage, courageous growth and patient change*

APRIL: What does it mean to be a People of Wholeness? *The practice of repairing what is broken and knowing we are enough*

MAY: What does it mean to be a People of Curiosity? *The practice of moving from fear to broken-openheartedness*

JUNE: What does it mean to be a People of Beauty? *The practice of savoring life's gifts*

“But What Can We *Do*?”

by Rev. Nancy Palmer Jones



“But what can we *do*?” some of you cry, in the face of fear, anger, and exhaustion resulting from the onslaught of discouraging news on the national front. Shouldn’t we be doing something with more lasting impact than simply showing up for rallies and marches, as important as the numbers at those protests may be?

There is not just one answer about what we are called to do to create a morally just society. Yet I also believe that we are all called to two practical efforts right now and for the months to come:

1. Engage in Get-Out-the-Vote activities with our partners throughout the county and the country.
2. Build our personal and communal strength and resilience through participating in the practices that bring us back, again and again, to our best selves and to something larger than ourselves. That’s my definition of *spiritual*: connecting with our best selves and with something larger than ourselves, both of which guide and lure us toward the good, toward Making Love Visible in all we do and say.

Stay tuned in the next weeks and months for more specifics on how and where we can be involved in #1. And be sure to share with us what your networks suggest for Get-Out-the-Vote actions.

For #2: Just as physical exercise builds the body’s strength, so too spiritual practices build our emotional, psychological, and moral muscles and agility, our soulful strength and resilience. These are not “soft” or self-involved responses to the hardships of this day, but rather real skill-building techniques that will sharpen our senses and

deepen our compassion and connections to one another.

Here are three suggestions for this month of August:

Spiritual Practice #1:

Wherever you are right now, take a moment to move out (in body *or* in spirit) into the air, to take a breath, and to reconnect with your body, no matter what shape it’s in. Just take a moment to drop your senses into this wondrous, complicated vessel—your very own body—which carries you through the world.

And while you do, try to hear this message: We are so glad you are *HERE*, present, *presente*, alive in this time and place. Breathe and repeat: We are so glad we are here *together*.



Spiritual Practice #2:

Take a break this month from just one habit in your life in order to open up time for fresh perceptions. Take away something, even just for a few days, that has been absorbing your time and energy, and then notice what enters in to fill that time and heart-space.

Maybe you will take a break from social media or the news, from sugar or alcohol, from habitual worry or distracted driving. No matter what your circumstances, I bet there is *something* you can relinquish in order to create some spaciousness for your soul.

When I took such a break in July, music flooded in. I came across an old but

half-forgotten James Taylor song: “Shower the people you love with love, show them the way that you feel ...” I was struck by our need for this deeply empathic, compassionate message to counter all the hate and fear, all the renewed bigotry and injustice around us. “Shower the people you love with love” ...I thought of some of my closest friends. I thought of *you*. I began to say and show my love more often.

I also came across Sarah Bareilles’s more recent song “Brave”: “Honestly I wanna see you be brave with what you want to say!” Brave and loving—full-on expressive of these powerful, grace-filled parts of ourselves. Willing to be vulnerable and authentic, thoughtful and considerate in order to create “brave space” among us.

And that leads to Spiritual Practice #3:

Please do show up in our community as often as you can—for worship and/or Circle Suppers, for Musical Mystery Theater rehearsals and/or Contra Dances, and/or for some other activity listed in our online calendar or mentioned on Sundays. Let us show up to build our spiritual strength, to connect with our best selves and with something larger than ourselves. When we do, we build our muscles for resilience and resistance, for courage and hope.

We are in this struggle for the long haul, dear ones. Strength, resilience, courage, and Love—we can build these together! *And Get Out the Vote!*

With my love,

Rev. Nancy

P.S. Spiritual Practice #4:

Please pause for a moment to enjoy these videos of the two songs mentioned above:

James Taylor: <https://www.youtube.com/watch?v=GfJWqjoekow>

Sarah Bareilles: <https://www.youtube.com/watch?v=QUQsqBqxoR4>

“¿Pero Que Podemos Nosotros Hacer?”

por la Rev. Nancy Palmer Jones



¿“Pero qué podemos hacer”? algunos de ustedes lloran ante el miedo, la ira y el cansancio resultante de la avalancha de noticias desalentadoras sobre el frente nacional. ¿No deberíamos estar haciendo algo con un impacto más duradero que simplemente hacer acto de presencia en concentraciones y marchas, tan importantes como pueden ser los números en esas protestas?

No hay solo una respuesta sobre lo que estamos llamados a hacer para crear una sociedad moralmente justa. Sin embargo, también creo que todos estamos llamados a hacer dos esfuerzos prácticos ahora mismo y para los próximos meses:

1. Participar en actividades de-conseguir-votos con nuestros compañeros en todo el condado y el país.
2. Construir nuestra fuerza y resistencia personal y comunitaria a través de la participación en las prácticas que nos llevan a regresar, una y otra vez, a lo mejor de nosotros mismos y a algo más grande que nosotros mismos. Esa es mi definición de espiritual: la conexión con lo mejor de nosotros mismos y con algo más grande que nosotros mismos, que nos guían y nos atraen hacia el bien, hacia hacer el Amor Visible en todo lo que hacemos y decimos.

Estén atentos en las próximas semanas y meses para más detalles sobre cómo y dónde podemos estar en #1. Y a compartir con nosotros lo que sugieren sus redes para conseguir las acciones de voto.

Para el #2: como el ejercicio físico construye la fuerza del cuerpo, así también, las prácticas espirituales construyen nuestros músculos emocionales, psicológicos y morales y la agilidad expresiva de fuerza y resistencia. Estas no son respuestas “suaves” o auto-involucradas a las dificultades de este día, pero más bien el desarrollo real de habilidades de técnicas que agudizan nuestros sentidos y profundizan nuestra compasión y conexiones con los demás.

Aquí están tres sugerencias para este mes de agosto:

Práctica Espiritual #1:

Donde quiera que estén ahora mismo, tómense un momento para moverse (en cuerpo o en espíritu) en el aire, respirar y reconectarse con su cuerpo, sin importar en qué forma está. Simplemente tómense un momento para depositar sus sentidos en este maravilloso y complicado recipiente—su propio cuerpo, que los lleva a través del mundo.

Y mientras ustedes lo hacen, escuchen este mensaje: Nosotros estamos tan contentos que ustedes estén AQUÍ, presentes, vivos en este tiempo y lugar. Respiren y repitan: Nosotros nos alegramos mucho de estar aquí juntos.

Práctica Espiritual #2:

Tómense un descanso este mes de un solo hábito en su vida para abrir tiempo para nuevas percepciones. Desechen algo, aunque sólo por unos días, que ha ido absorbiendo su tiempo y energía, y entonces noten lo que entra para llenar ese tiempo y el espacio del corazón.

Tal vez se tomen un descanso de las redes sociales o de las noticias, del azúcar o del alcohol, de las habituales preocupaciones o distracciones al volante. No importa sus circunstancias, apuesto que hay algo a lo que pueden renunciar con el fin de crear un espacio para su alma.

Cuando yo tomé tal descanso en julio, la música me inundo. Me encontré con una vieja pero medio olvidada canción de James Taylor: “Derrame la gente amor con amor, enséñenles la manera en que se sienten...” Me llamó la atención por nuestra necesidad de este mensaje profundamente empático, compasivo para contrarrestar todo el odio y el miedo, todo el fanatismo renovado y la injusticia que nos rodea. “Derrame la gente amor con amor”... Pensé en algunos de mis amigos más cercanos. Pensé en ustedes. Comencé a decir y demostrar mi amor más a menudo.

También me encontré con la canción más reciente de Sarah Bareilles “Valientes”: “¡Honestamente quiero verte ser valiente con lo que quieres decir!” Valiente

y amoroso—totalmente expresiva de estas piezas de gran alcance, partes llenas de gracia de nosotros mismos. Dispuestos a ser vulnerables y auténticos reflexivos y considerados con el fin de crear un “espacio valiente” entre nosotros.

Y que conduce a la Práctica Espiritual #3:

Por favor, aparézcense en nuestra comunidad tan a menudo como puedan—en los servicios religiosos y/o en el círculo de cenas, para ensayos del Teatro Misterio Musical y/o en las Contra Danzas y/o para alguna otra actividad que figura en nuestro calendario en línea o mencionada en los domingos. Permitámonos aparecer para construir nuestra fortaleza espiritual, para conectarnos con lo mejor de nosotros mismos y con algo más grande que nosotros mismos. Cuando lo hacemos, construimos nuestros músculos para la elasticidad y resistencia, de coraje y de esperanza.

Estamos en esta lucha a largo plazo, queridos. ¡Fuerza, resistencia, coraje y amor—podemos construir esto juntos! ¡y conseguir el voto!

Con mi amor,

Rev. Nancy

P.D. Práctica Espiritual #4:

Por favor hagan una pausa por un momento para disfrutar de estos videos de las dos canciones mencionadas anteriormente:

James Taylor: <https://www.youtube.com/watch?v=GfJWqjoekow>

Sarah Bareilles: <https://www.youtube.com/watch?v=QUQsqBqxoR4>

Tending the Soil, Seed Planting, and Growing What is Strong

By Susie Idzik, Interim Director of Religious Education



At the worship service on July 15, 2018, Rev. Nancy and I had a conversation where we shared our own thoughts and dreams out loud. It was great fun to have an unscripted exchange about who we are and how we see this time. We had some rough idea of what we wanted to ask each other (“How do we identify ourselves?” and “How did we get to this time and place?”) and took some questions from those attending the service (“What is our Enneagram type?” and “Why don’t I like charades?”).

I’d like to take this chance to repeat, and perhaps expand upon, my answer to the question of “How do I see these two years of Interim time going?” It is such a great question, especially as we start out on this adventure together.

To have two years to immerse in this work is such a gift for everyone. I can take the time to unfurl the process and we are all able to dig deeper and to make this period successful. I see these two years broken up into three general periods of time. It starts now and will go through May of 2020. Starting in the fall of 2019 or so, you will be looking ahead to growing your vision for the future.

I see this first period, where we are now, as tending the soil. Together we are getting the soil ready to grow what comes next. We are tilling and nourishing. We are doing this through building relationships, strengthening systems, and paying attention to what might be needed to go forward. We want the soil to be full of nutrients, rich and ready to sustain growth.

The next period will be seed planting. I envision this as trying out some new things: we will be offering different classes and experimenting with the structure of the Religious Education programs for all ages, as I will be working to bring in much of what I have been studying about Faith Formation and see how it fits. I hope that you will be willing to play and try out some new ideas as we see which seeds would be best to nurture and grow.

The third period will be growing what is strong. By growing what is working, tending to the sprouts and cultivating those ideas which seems most exciting, sustainable and fulfilling we will have a garden that has grown organically out of what would serve you best. We will know that the garden is thriving when there is room for courageous curiosity about the future.

Hopefully, this ends with a recharged vision. Someone new will come and take that vision and implement it into a sustainable program. That someone won’t be me, as I am only here for two years, “pre-fired” as they say. And, already, I miss you. This is a warm and welcoming place. I am so grateful to be with you all.

In joy,

Susie



Partner Church Pilgrimage

The Partner Church Pilgrimage is scheduled for July 18 to August 1 of 2019. We are seeking donations of frequent flier mile tickets to help with the cost of the trip. Please contact Monty Low if you can donate miles or points to help. Folks who would like to reserve a place on the trip may make a \$100 deposit to Monty Low. Checks can be made out to FUCSJ with “Partner Church Pilgrimage Fee” in the memo line.

What's Happening to Third Street (the actual road)?

By Moria Merriweather

The city of San Jose is in the process of improving bicycle lanes downtown, including on Third Street and other streets close to FUCSJ. The changes to Third Street are described in more detail below. But, first, what's going on here, and why?

San Jose is implementing a plan called "Better Bikeway SJ". This plan will introduce physically protected bike lanes in some areas, and will make other kinds of improvements in other areas, along a selected network of streets. This plan has been in the works for quite some time and finally it is nearing time to make the changes. The idea is to make downtown bikeways safer for bike riders and to encourage a lot more people to ride bikes. This will be a great improvement for San Jose transportation overall. It's being done in a low-cost way that does not involve major construction—it's mostly changes to paint, signage, and adding some pillars.

Some changes are already in process on San Fernando. The changes to be made on Third and Fourth (and some other areas) will be made in September and October. Exact schedules are not yet available.

Okay, so looking ahead, how will this affect parking and driving around FUCSJ?

1. Third Street will have the location of the bike lane and the location of parking SWAPPED. Bikes will go where the cars

now park, next to the curb. And cars will park where bikes now travel, between the new bike lane and the car lanes. Cars turning right will have a slightly different path than currently, as they will no longer go through the bike lane before turning.

2. There will be lightweight pillars between the parking lane and the bike lane,

4. There will be two parking spaces that will be lost on Third Street in "our block" due to the changes. (Information on the exact location of the spaces lost was not available at the recent community meeting I attended.) In addition, two spaces on East St. John Street, next to the lawyers' parking lot, will be eliminated, and several spaces will be eliminated in the area with "angled parking" next to the park on St. John.

5. There will not be changes to the street itself. As it is, Third Street is less flat as it nears the curbs, so bike riders may note that the new bike lane will be less flat than the current bike lane.

6. There may also be improvements to wheelchair access from the street to the curb next to FUCSJ. The city has noted that the "cut" in the curb just north of FUCSJ is not up to standards for handicapped access. A City representative who I spoke to at the recent community meeting told me that they are still in process discussing this.

There will also be some changes to other streets around the church, such as St John Street and 4th Street.

To see all of the streets that are included in the "Better Bikeways SJ" plan, visit <http://sanjoseca.gov/betterbikeways>.



making an additional barrier to protect the bike lane.

3. The existing handicapped zone and loading zone just north of FUCSJ will still exist in the same places, except moved out from the curb.

Adult and Youth Classes



Children and Youth Summer 2018 Programs

Spiritual growth and learning is a life-long journey that begins in childhood. A child is already a spiritual being; to be honored and listened to.

We can learn much from our children as they can learn much from us. As Emuna Braverman writes: "We can learn a lot from

our children if we are receptive. Their perspective is clear and pure, unclouded by "experience" and cynicism. They haven't learned to be self-conscious and they wear their hearts and their selves on their sleeves. We're touched by their vulnerability and we can learn from their simplicity." We are spiritual companions with our children. We learn and grow together. This is the nature of our spiritual cooperative.

Children and youth join the community for the first part of worship at 11 am and then go to their respective classes until 12:30.

Nursery: Birth - Five Years

**Location: Nursery
Church's Lower Level**

We provide a safe, clean environment in which to support each child in initiating play activities at the developmental level they manifest. Each week our paid staff provides a loving presence as they engage children in games, stories and crafts with seasonal and holiday themes throughout the year.

Grades 1-8: We Believe

We have a multi-generational class for the summer. Come on in to learn about UU principles and ourselves and our environment. There will be lots of science and lots of fun, with a mind to the spiritual and development towards social justice. Sunday mornings might include a chalice lighting, sharing of roses and thorns (check-in), a story, a game and a craft project based on the topic of the day. For the summer the topics are:

August 5 A Vote for Everyone

August 12 Weaving Our Lives Together

August 19 Harmony

September 9 No Class, Homecoming, Water Communion

September 16 Fall Classes Begin

TEACHERS: Jenny Cressman, Cristina Ruiz

For more information on programing for children and youth, please don't hesitate to contact **Susie Idzik**, Interim Director of Religious Education at fucsire@gmail.com.

We look forward to seeing you!

The 2018 FUCSJ Photo Directory!

On Sundays After Church: Sign up at the Photo Directory table in Hattie Porter for an appointment for the photo directory!

You can also submit your own personal or family photo to rcreative1@gmail.com no later than August 31, 2018. Please include all of the subjects' names. We also need to review your preferred contact information. If you can volunteer, we need help at the Directory sign up table to schedule appointments and make appointments for photos for at least the next several Sundays. You'll want to be part of the new photo directory!

Photo Guidelines:

PREPARATIONS:

1. Use a neutral background if possible. If the photos are taken outside, please pose so that the nearest natural objects such as trees or rocks are at least 20 feet away.

2. Before you begin, take several test photos with flash and without to determine the best lighting configuration.

3. Have chairs and stools on hand.

THE FILE:

4. Please submit all photos digitally in JPG format.

5. Minimum size: 1,024x768 pixels ("high res" or higher on most cameras and phones)

6. Maximum file size: 10mb

THE POSE:

7. Please try to include as many family members as possible -- ideally, we would like one photo per family.

8. If the pose involves more than three people, make the pose three-dimensional by organizing subjects in rows or having some sit while others stand.

9. Everyone should look at the camera and smile. We prefer not to use photos of subjects looking off in the distance or making a face.

10. Try to avoid unfortunate shadows by asking subjects to remove hats and sunglasses.

11. If the portrait subjects choose to wear costumes or coordinated outfits, or hold props, please make sure they are meaningful and relevant.

All Church Campout - July 26-29

Photos courtesy of MM Feldman



Sunday Services / Servicios Domingo

ALABANZAS EN ESPAÑOL 10:15 AM

Venga a unirse a nosotros para este servicio simple de oración-meditación de media hora (sin sermón) a las 10:15 am en una mezcla de inglés y español en la biblioteca de la iglesia.

Come join us for this simple prayer-meditation service (without sermon) at 10:15 am, held in a mixture of English and Spanish in the Church Library.

SUNDAY, AUGUST 5 11 AM



Staying Connected in the Digital Age

Do you sometimes get overwhelmed with the amount of information available to us in this the Age of Technology? Do you find yourself struggling to remain physically engaged with the your direct community as a result of fatigue experienced from all of the technological communities available to us? We suspect you aren't alone! Please join us on Sunday August 5th at 11 am as we explore all of the ways in which we can remain engaged in this Age of Technology. We will be looking at the benefit of bringing our individual selves with our inherent worth and dignity into the interdependent web of existence both despite and because of Technology.

Worship Leader: Rodney Lemery
Worship Associate: Jenn Castro

DOMINGO, 5 DE AGOSTO 11 AM

Permanecer conectado en la era digital

¿A veces te sientes abrumado por la cantidad de información disponible para nosotros en esta Era de la tecnología? ¿Se encuentra luchando por mantenerse físicamente comprometido con su comunidad directa como resultado de la fatiga experimentada por todas las comunidades tecnológicas disponibles para nosotros? ¡Sospechamos que no estás solo! Únase a nosotros el domingo 5 de agosto a las 11 a. metro. mientras exploramos todas las formas en que podemos permanecer comprometidos en esta era de Tecnología. Analizaremos el beneficio de hacer que nuestras personalidades individuales sean inherentes a ambos, dignas de una dignidad en la red de existencia interdependiente, a pesar de y debido a la tecnología.

Dirige: Rodney Lemery
Asociada de Celebración: Jenn Castro

SUNDAY, AUGUST 12 11 AM



"Take Five"— Trying Out New Rhythms

Time is a musician's best friend. They talk of "getting into the groove" and "feeling the beat." But what happens when we are forced to play in a time signature that is unfamiliar to us, that takes us outside our comfort zone? What lessons can we learn and what boon can we share with ourselves and others? In this service, we will explore those uncomfortable rhythms, in music and life, and ultimately make beautiful music together. Our Allegría Sing-

ers will serenade us with the jazz standard "Take Five" and musicians from both within and outside our community will contribute to the mix.

Worship Leaders: Tariq Tayab, Deb Fenzel-Alexander, Neil Kelly, Rick Merritt, and Steve Madden

Worship Associate: Julia Rodriguez

DOMINGO, 12 DE AGOSTO 11 AM

"Take Five"—Probando con Nuevos Ritmos

El tiempo es el mejor amigo del músico. Ellos hablan de "entrar en la ranura" y "sentir el golpe". Pero ¿qué sucede cuando nos vemos obligados a tocar en un compás que es desconocido para nosotros, nos lleva fuera de nuestra zona de confort? ¿Qué lecciones podemos aprender y qué beneficios podemos compartir con nosotros mismos y otras personas? En este servicio, vamos a explorar esos ritmos incómodos, en la música y la vida y en última instancia hacer hermosa música juntos. Nuestro Allegría Singers nos va a dar una serenata con el estándar del jazz "Take Five" y músicos de dentro y fuera de nuestra Comunidad contribuirá a la mezcla.

Dirigen: Tariq Tayab, Deb Fenzel-Alexander, Neil Kelly, Rick Merritt, y Steve Madden;
Asociada de Celebración: Julia Rodriguez

SUNDAY, AUGUST 19 11 AM



"Three Things": What We Can Do Now

"But what can we do?" some of us cry, in the face of fear, anger, and exhaustion

resulting from the onslaught of discouraging national news. This Sunday we offer practical suggestions for how we can build our personal and communal resilience through participating in the practices that bring us back, again and again, to our best selves and to something larger than ourselves. Rev. Nancy shares the science behind the effectiveness of spiritual practice, and we offer a variety of ways to lighten your heart, strengthen your spirit, and build the kind of Beloved Community that can give us real hope. We'll see you there!

Worship Leader: the Rev. Nancy Palmer Jones; **Worship Associate:** Mary Martin

DOMINGO, 19 DE AGOSTO 11 AM

"Tres Cosas": Que Podemos Hacer Ahora"

"Pero ¿qué podemos hacer?" algunos de nosotros lloramos ante el miedo, la ira y el agotamiento resultante de la avalancha de noticias desalentadoras. Este domingo ofrecemos sugerencias prácticas de cómo podemos construir nuestra resiliencia personal y comunitaria a través de la participación en las prácticas que nos regresan, una y otra vez, a lo mejor de nosotros mismos y a algo más grande que nosotros mismos. La Rev. Nancy comparte la cien-

cia detrás de la efectividad de la práctica espiritual, y ofrecemos una variedad de maneras de aliviar su corazón, fortalecer su espíritu y construir el tipo de Amada Comunidad que nos pueden dar una esperanza real. ¡Nos vemos allí!

Dirige: la Rev. Nancy Palmer Jones
Asociada de Celebración: Mary Martin

SUNDAY, AUGUST 26 11 AM



Honoring, Celebrating, and Building PRIDE!

On this San José PRIDE weekend, when national events make our progress in honoring the full humanity of LGBTQIA people feel vulnerable, we draw strength from our ancestors who launched the modern PRIDE movement. Rev. Nancy brings thought-provoking, heart-stirring lessons for our times from Tony Kushner's epic 1990 play, Angels in America. And we prepare ourselves to show up in full

force at this year's PRIDE Festival at Plaza de Cesar Chavez, where we will share our message of Love Made Visible with multi-generational games and a wide embrace! Please join us!

Worship Leader: the Rev. Nancy Palmer Jones; **Worship Associate:** Ram Kakarala

DOMINGO, 26 DE AGOSTO 11 AM

¡Honrar, Celebrar y Construir el ORGULLO!

En este fin de semana del ORGULLO GAY en San José, cuando los eventos nacionales hacen nuestro progreso en honrar la plena humanidad de la gente LGBTQIA se sienten vulnerables, sacamos fuerza de nuestros antepasados que lanzaron el movimiento del ORGULLO GAY. La Rev. Nancy trae de que pensar, lecciones con fibra sensible para nuestros tiempos de los juegos de la época de los 90s de Tony Kushner, Ángeles en América. ¡Y nos preparamos para aparecer en plenafuerza en el festival del OEGULLO en el Discovery Meadow, donde compartimos nuestro mensaje de Amor Hecho Visible con multi-generacionales y un gran abrazo! ¡Por favor únase a nosotros!

Dirige: la Rev. Nancy Palmer Jones
Asociado de Celebración: Ram Kakarala



There is a possibility that this beach party in July was the last in a long line of wedding celebrations held by Greg and Maiclaire Smith. Stay tuned.

UPCOMING EVENTS

2ND AND 4TH SUNDAYS 12:45 PM

Young-at-Heart Fellowship Group Sunday Lunch

Hattie Porter Hall by Newcomer's Table

Join our young adult/young-at-heart fellowship group for Lunch! Meet in Hattie Porter Hall near the Newcomer's table at about 12:45 pm. Questions? Contact uuthful_spirits-owner@yahoo.com

TUESDAYS 8-9 PM



Guitars Aloud!

Ramsden Fireside Room

Guitarists! Let's get together each Tuesday to play UU hymns and other music suitable for services. This free event (for multiple levels) will help you develop your musicianship as you serve the church and its ideals. Ages teen through adult are welcome. Please call **Sally Cooperrider** (408-204-1046) before attending for the first time as the group occasionally skips a week.

WEDNESDAYS 7-9 PM



Alegría Singers Choir Practice

Sanctuary

Join the FUCSJ choir in singing at Sunday services, special events such as solstice celebrations and Coffeehouses, and various church activities. Rehearsals resume August 3. Questions? Liz Owen lowen@data-time.com.

FRIDAY, AUGUST 3

8 PM



First Friday Quarterly Dances of Universal Peace

Sanctuary

The Dances of Universal Peace are now being held quarterly, so the remaining dances in 2018 will be on Friday, August 3, and Friday, November 2.

Come join us on the labyrinth under the dome of our church. The Dances of Universal Peace are a spiritual practice honoring the inherent worth and dignity of every human being, celebrating the interconnected web of all existence. The words of the sacred phrases, as well as the melodies and the movements, are taught each time. If you have questions, you can email **Patrick Smiley** at patrick.smiley@sbcglobal.net or telephone and leave a message at his cellphone: 408-421-6492.

SUNDAY, AUGUST 5 10-11 AM

First Sunday Forum

Hattie Porter Hall

We gather, socialize, check in, read aloud, write haiku, play games, or whatever. Come by to tarry awhile, share your thoughts, or just listen. It's fun, and interesting talk always happens. We meet at the table nearest the coffee. For info, contact **Mike Pelizzari**, nextgalaxy@aol.com; or **Amy Baldwin**, 408-730-9622.

Warning: This meeting is run by the church's HUUmanati group, so your most cherished presuppositions might be challenged.

SUNDAY, AUGUST 5 12:45 PM



Band of Writers

Youth Room

The UU Band of Writers is a place for writers, readers, and those who like to listen. We have a monthly prompt-driven assignment and a 10-minute writ-

ing session at each meeting. But if you'd rather not share your own literary masterpieces, come and read aloud someone else's. Comic, dramatic, fantastic, poetic; memoirs, dreams, musings, novels a 'birthing—it's all good. Join us in the upstairs Youth Room on the first Sunday of the month. New folks are always welcome. Next meeting's prompt for non-obligatory homework assignment: *W is for*

SUNDAY, AUGUST 5 12:45-2:15 PM



Homeless Concerns Committee Meeting

Classrooms 4-6

PATH, an organization that works with the unhoused in our neighborhood, has just officially broken ground for their facility which will provide housing and services. Our church is helping in their effort to reach out to those without housing by putting together hygiene kits that Path distributes. WE WILL BE PUTTING TOGETHER NEW KITS AT A FALL MEETING! Please continue to donate toothbrushes, deodorants, combs, and other items (see list in basket in Narthex). Homeless Concerns Group meets regularly on the first Sunday of the month at 12:45 pm in the downstairs classrooms 4-6.

Winter Faith Collaborative, an organization that provides an overnight shelter and meals during the winter months, as well as safe parking sites for those who are living in their cars, is starting a new program to provide services for 20 individuals from the Spring through Fall. Their program needs a volunteer to act as mentor for individual

men/women participating in this program. The volunteer would help enable them to focus on achieving their short-term goals and reach self-sufficiency. Please contact **Phil Mastrocola** at 408-839-9815 after August 1.

Did you know that some San Jose State students find that after paying college expenses, lack of funds results in skipping meals and living in cars? Our group is beginning a discussion about how we might help. Does anyone have a spare bedroom to offer?

MONDAY, AUGUST 6 7-9 PM

Social Justice Council Meeting

Conference Room (First Mondays)

The Social Justice Council now meets on the first Mondays of the month (note the change in week) in the downstairs conference room. Please join us on Monday, August 6, at 7:00 pm in the downstairs conference room. We can preview and plan movies. Also, should the UUA have CSAI's or Statement of Conscience (SOC)? We can discuss them. What other Social Justice processes should there be? What would you like to discuss?

Please join us to make your voice heard! For more information or if you are locked out, call or text **John Burk** at 408-259-3781.

SATURDAY, AUGUST 11 5 PM

Member's Brother at Jazz Festival - Free Event

Diana Wirt's brother Ken Wirt plays trombone in two big swing bands, which will again play at the SJ Jazz Festival, Saturday, August 11. At 4 pm there are swing dancing lessons—a good time to arrive and get a seat as well. At 5 pm he plays with the Millennium Sounds and at 7 pm with the Swing Solution. Concerts are free, cash bar is available. The location is the Tabard Theatre at 29 N. San Pedro St. Parking (not free) is available in the Market Street Garage across the street.

SUNDAY, AUGUST 12 AFTER SERVICE

Newcomer's Lunch

Library

Newcomers are invited to a light lunch immediately after the service on Sunday, August 12. Come meet church leaders, clergy, and members, old and new, at this informal event in the library, the room to the left of the front lobby (otherwise known as the Narthex, if we want to get churchy about it). Sign up in advance at the visitors' table at Social Hour or just show up. We look forward to meeting you! Questions? Contact **Mary Martin** at mbrence@com-cast.net or 408-354-8878.

SUNDAY, AUGUST 19 12:45 PM



Rights of Nature Group

Ramsden Fireside Room

On Sunday, August 19, at 12:45 pm, the Rights of Nature group will show an environmental movie titled, "Happening: A Clean Energy Revolution." This 71 minute movie, produced in 2017 by the Redford Center, is described as: "Filmmaker James Redford embarks on a colorful personal journey into the dawn of the clean energy era as it creates jobs, turns profits, and makes communities stronger and healthier across the US. Unlikely entrepreneurs in communities from Georgetown, TX to Buffalo, NY reveal pioneering clean energy solutions while James' discovery of how clean energy works, and what it means at a personal level, becomes the audiences' discovery too. Reaching well beyond a great story of technology and innovation, "Happening" explores issues of human resilience, social justice, embracing the future, and finding hope for our survival."

We hope you can join us for this movie!

You can contact **Bob Howd** (bhowd@aol.com) for more information.

**MONDAY, AUGUST 6 DEADLINE
SAT/SUN, AUGUST 18 & 19 SUPPERS**



Circle Supper!

Member's Homes

Circle Suppers offer an opportunity for members of the church community to get to know one another at casual pot luck suppers. Small groups come together in members' homes to share food and conversation. Singles and couples, long-time church members or new to this church community, all are welcome. Some folks attend often and others only occasionally. Hosting is not a requirement for all attendees. The suppers in August will be Saturday the 18th and Sunday the 19th. The deadline to sign up is Monday, August 6. Contact **Barbara Derbyshire** at CircleSuppers@AOL.com.

SUNDAY, AUGUST 19 2:30 - 6 PM



South Bay Contra Dance

Hattie Porter Hall

Introduction to Contra 2:30 pm, Dancing 3-6 pm. Social dance for all ages to live music. No experience or partner needed. All dances taught and called. If it's your first time trying Contra dance, and you come to the Introduction at 2:30, then your admission is free. Dance starts at 3 pm. Wear comfortable shoes. Suggested donation — \$5-\$15; no one will be turned away for lack of funds. All details available at <https://www.facebook.com/groups/SouthBayContraDance/>

Continued on the next page

THURSDAY, SEPTEMBER 6

Women's Alliance

No meetings until September 6. Enjoy your summer!

SUNDAY, SEPT. 9 2:30 – 6 PM

San José English Country Dance

Hattie Porter Hall

Enjoy truly social group dancing to classical and folk music from the last five centuries! In our pattern dances, you dance with the whole room. Come alone or with friends — we change partners after every dance. All group dances taught and prompted, no experience necessary, no complicated footwork. For the best experience, come at the beginning of the dance — later patterns are more complex. Sug-

gested donation: \$5-\$10; no one will be turned away for lack of funds.



SUNDAY, SEPTEMBER 16 12:45 PM

**“Expanding our Welcome”
Workshop**

The Membership & Connections committee invites all members and friends to participate in this workshop, where we will

learn and practice ways to be more welcoming and more connected to both newcomers and long-term congregants.

If you are a worship host, a small group leader, in a leadership position, any committee member, or a member of the congregation, come and help us make our welcome stronger and bolder as we build strong connections.

The September *Circular* will have more details. If you have questions, contact **Madeline Morrow** (madelinemorrow@earthlink.net) or **Connie Hall** (conniebloch@yahoo.com).

Hiking Schedule (August 2018)

Dear Hikers, please call or email me if you plan to hike so we know that you are joining us and can tell you if plans have changed: home phone 408-730-1052 or cell 408-769-0534; j408miller@sbcglobal.net. — **Joyce Miller**



WEDNESDAY, AUGUST 1 8:30 AM

Russian Ridge. Two hikes: 3 miles and 5 miles, moderate. We will all start together, but the folks doing the shorter hike will take a shorter loop off of the Ancient Oaks trail. Meet at PageMill/280 Park and Ride.

SATURDAY, AUGUST 4 8:30AM

Purissima Redwoods. There will be two hikes: Longer hike is 6 miles, moderate and the short hike will be and out and back on the North Ridge Trail, about 4 miles (can be less). The longer hike is one we have not done for a long time. It is the Whittemore Gulch Trail/Harkins Ridge Trail loop. Meet at the Page Mill/280 Park and Ride

WEDNESDAY, AUGUST 8 8:30 AM

Sunnyvale Mt., out and back. 6 miles, moderate. Meet at parking lot in Saratoga. Turn right at first driveway beyond the Union 76 Station at the corner of DeAnza and Highway 9 (Big Basin Drive) and drive to parking lot behind. Hike starts at Trailhead across the road and about 500 ft. south of the entrance to Castle Rock State Park. There is roadside parking for several cars. Take the trail to the right to

Sunnyvale Mt and return on the same trail. It is all in the shade.

SATURDAY, AUGUST 11 8:30 AM

Sunnyvale Baylands, 3-5 miles. This is a loop, but for shorter mileage, it can be an out and back. Directions: take Lawrence Expressway east, until it turns to the left and becomes Caribbean Drive. Go about a mile to Borregas Drive and turn right (the entrance to the Sunnyvale Recycling center and Water Treatment plant). Go to Carl Road and turn left where there is parking for the trailhead.

WEDNESDAY, AUGUST 15 8:30 AM

Los Gatos Creek Trail, with a stop at coffee shop for a snack. Meet on Garden Hill Drive, where there is ample street parking. If you want to put this address in your GPS, it will get to the area for parking: 296 Garden Hill Drive, Los Gatos. It is near the intersection of Highway 17 and Lark Ave. You will take the Lark exit and go straight across Lark onto Garden Hill Drive. Continue on Garden Hill for about 5 blocks. We will meet at the entrance to the trail. This is 4.5-mile out and back. We can make it a bit longer if we want to.

SATURDAY, AUGUST 18 8:30 AM

Arastradero Preserve, 3 miles short hike, 6 miles long hike. The short hike will be a loop within the park and the long hike will be the usual hike into Foothills Park and back. Meet at the trailhead parking lot on Arastradero Road.

WEDNESDAY, AUGUST 22 8:30 AM

Long Ridge/ Saratoga Gap Loop. Two hikes: 3 + miles and regular 5-mile hike. The short hike will start at the trailhead at Long Ridge, and the longer hike will start at the parking lot at the intersection of Highway 9 and Skyline. The folks doing the shorter hike will car pool separately. It is all in the shade.

Meet in Saratoga. Turn right into first driveway just past the Union 76 Station at corner of DeAnza and Big Basin Way.

SATURDAY, AUGUST 25 8:30 AM

Castle Rock State Park. Two hikes: 6 miles, moderate, and 3 miles, easier. Meet at Saratoga parking lot. Turn right into first driveway just past the Union 76 Station at the corner of DeAnza and Big Basin Way.

WEDNESDAY, AUGUST 29 8:30 AM

Saratoga Gap trail. Two hikes: Since this is an out-and-back hike, the short hike will turn around after 1.5 miles. Longer hike is 5 miles, moderate. Meet at parking lot in Saratoga. Turn right into first driveway just past the Union 76 Station at the corner of De Anza and Big Basin Way.

SAT/SUN SEPT 29-30, OCT 6-7



Save the Dates for Mr. Peeper's Peppered Pickles Radio Hour

Two evenings, two matinees

This year's musical mystery comedy show fundraiser will be set during the broadcast of the Radio Hour, sponsored by Mr. Peeper's Peppered Pickles, in 1938. It features the popular radio drama, "Come Into My Garden" starring Oscar-nominated Veronica Seville and original ad jingles written by our music director, **John "perse" Ector**, and choir accompanist, **Chris "chocolate puddin' pie" Pasillas**.

Written by **Henry "monkeys and peanut butter" Ruddle**, directed by **Amy "stop breaking the 4th wall" Baldwin** and produced by **Jay Porter**, this year's cast includes **Ro Morris, Amanda Sullivan, Federico Zapiola-Madden, Art Henrick, Torchy Hunter, Dan Zulevic, Jenny Cressman, MM Feldman, Paul Milleison, newlyweds Greg and Maiclaire Smith, Doug "break out role" Zody, Bob Owen, Tina Hemmenway**, and a cameo performance by **Rev. Nancy**. This year, the audience gets to choose both the victim and the murderer!



Circling Around

By Torchy Hunter

SUMMER. I looove summer and am barefoot 24/7, except when the vicissitudes (don't you love saying that word?) of weather, dirt, or asphalt make me find one of my millions of pairs of sandals. (You won't be surprised to know I was born on the Big Island, which is such a cool place it's making itself bigger).

There, after my obligatory demonstration of ADHD, I can tell you the question this time had to do with remembering your favorite thing to do in the summer as a kid, and how you knew when to come home. A few of us are actually Greatest Generation and remember Opie days.

Steve Madden ran loose, and was required home whenever. **John Shaffer** went sailing. **Diana Mecum**, in Santa Clara, was allowed to walk to stores, and regularly walked to three shopping centers. **Diane Saichek** sailed a boat to Daisy Island; **Gertrude Cory** had to be home when the street lights came on. In **Julia Rodriguez's** very Catholic neighborhood, moms summoned kids home by yelling, ringing the cowbell, or a whistle. Most kids were out at night playing Kick The Can. In fact, so many of us remembered playing Kick The Can that a senior women's league was proposed.

Newlywed **Mrs. Smith (Maiclaire)** spent summers at a lake, skiing and playing Monopoly. I remember sitting in a boat alone fishing at the Lake of the Ozarks, catching horrifying creatures called gar. **Maggie Norris** spent time swimming in the many small lakes in Ontario. **Arthur Henrick** played with BB guns with his brother, and they shot at each other.

MM Feldman remembers making forts with her three sisters. **Ray Kiddy** remembers throwing rocks at his bro. **Sarah Adams-Kiddy** remembers running through the sprinklers. **Liz Owen** remembers swimming. **Henry Ruddle** went on long road trips (just as he now takes his kids on).

I raised my kids in the Eichler neighborhood at Curtner & Meridian, and they all walked to school because it was just less than a mile away. (School bus rules.) Imagine my horror when I learned a work friend who lived in the same neighborhood in the 90s drove her kid to school "because it was so dangerous". Willow Glen? What have we done to ourselves to make us too afraid? So, for this summer, go do something you've always been afraid to do. Just a tiny thing: go to the movies or a restaurant alone. Speak to somebody in the library. The one good thing my mom told me is "remember, everyone is afraid."

Stay Up-to-Date with Facebook & sanjoseuu.org/whats happening



The latest church events, photos, and updates can be found on our Facebook page www.facebook.com/FUCSJ and our website sanjoseuu.org — find out about upcoming services on the homepage, and all other events under "What's Happening."





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Want to Receive the Newsletter?

To receive the newsletter on paper, fill out the form at this link: <http://sanjoseuu.org/form/index.php?sid=2> or call (408) 292-3858

To receive the newsletter via email: fucsjooffice@gmail.com or fucsj+subscribe@groups.io

Next issue copy deadline: 3 pm Wednesday, August 22

Mailing: Wednesday, August 29

View this newsletter online in PDF format at: sanjoseuu.org

Donations are welcome to help defray the cost of printing and mailing. Suggested donation: \$18-\$20 per year — please mail to Office Manager — or bring returnable bottles/cans for us to recycle!

Save the Dates

August 3, Friday, 8 pm, First Friday Quarterly Dances of Universal Peace, Sanctuary

August 5, Sunday, 10-11 am, HUManati First Sunday Forum, Hattie Porter Hall

August 5, Sunday, 12:45-2 pm, Band of Writers, Youth Room upstairs

August 11, Saturday, 5 pm, Member's Brother at SJ Jazz Festival, Free Event

August 12, Sunday, after service, Newcomer's Lunch, Library

August 18 and 19, Sat/Sun, Circle Suppers, contact Barbara Derbyshire at CircleSuppers@AOL.com, deadline to sign up is August 6.

Sept. 6, Thursday, Women's Alliance, Nancy Coleman's Home.

Sept. 9, Sunday, 11 a.m., Homecoming, Water Communion, Sanctuary

Sept. 9, Sunday, 12:45 p.m., Volunteer Fair, HPH
Sept. 15, Saturday, Service is Our Prayer Day. Contact: bhowd@aol.com

Sept. 16, Sunday, 12:45 p.m., "Expanding Our Welcome" Workshop

Sept 29-30, October 6-7, Saturday & Sunday, Annual Mystery Comedy Musical, "Mr. Peeper's Peppered Pickles Radio Hour."

READY TO BECOME A NEW MEMBER OF THE FIRST UNITARIAN CHURCH OF SAN JOSÉ? Contact Rev. Nancy, revnpj@yahoo.com

For Pastoral Care

Our community strives to offer compassion, companionship, healing, and joy to all its members. Our pastoral care coordinators can help you find the listening ear or helping hands that you may need in difficult times.

Contacting the Ministers

Rev. Nancy Palmer Jones feels honored to serve this congregation, and she cherishes your trust! Here is how to reach her: Nancy (408) 292-3858, ext. 223 Mon.-Thurs.; cell (408) 952-9418; e-mail: revnpj@yahoo.com.

Cuidado Pastoral

Nuestra comunidad se esfuerza en ofrecer la compasión, el compañerismo curativo, y la alegría a todos sus miembros. Nuestros coordinadores en cuidado pastoral pueden ayudarle a encontrar un oído que escucha, o las manos que ayudan cuando ustedes lo pudieran necesitar en épocas difíciles.

Contactando al Ministra

La Rev. Nancy Palmer Jones se siente honrada de servir a esta congregación y aprecia su confianza! Aquí puede contactarla: Nancy (408) 292-3858, ext. 223 de lunes a jueves; célula (408) 952-9418; e-mail: revnpj@yahoo.com.

How You Can Support This Congregation:

Your Presence and Time

Attend Sunday services, join a Small Group or one of the many social/activity groups, serve on a committee, come to events, like us on Facebook. Visit www.sanjoseuu.org for more ideas!

Contribute to Fundraisers, Weekly Collections

Make an annual pledge of support (fulfill it by check, EFT, stock transfer or Paypal), attend fundraisers such as the service auction and mystery musical, watch for special collections.